

2011 Hiawatha Valley League Championships

Hayfield High School - 5/14/2011

Results

Event 1 Girls 100 Meter Dash

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Meet Record: M 12.64	1991	(hh+)	Karla Stromme	(Byron)
Name	Year	School	Finals	H#
=====				
Finals				
1		La Crescent	13.78	5
2	11	Byron	13.91	5
3	9	Byron	13.98	5
4	9	Lake City	14.06	5
5	11	Lake City	14.16	5
6	9	Rochester Lo	14.20	4
7		Hayfield	14.31	5
8	JR	KM KoMets	14.35	4
9	SO	KM KoMets	14.47	4
10	10	Triton	14.48	5
11		Cotter	14.48	2
12	7	CF	14.49	1
13		ZM	14.62	4
14	9	Pine Island	14.72	3
15	FR	Knights	14.82	4
16		ZM	14.92	4
17	10	Triton	14.93	4
18	JR	KM KoMets	14.94	3
19	8	Triton	14.96	3
20	8	Lake City	15.01	5
21		ZM	15.02	3
22	SR	Knights	15.13	2
23	10	CF	15.14	1
24		Cotter	15.14	3
25		La Crescent	15.16	3
26	10	Pine Island	15.27	2
27	11	Rochester Lo	15.28	2
28		Knights	15.29	1
29	11	Stewartville	15.41	1
30		Hayfield	15.48	2
31	10	Pine Island	15.52	2
32	9	Byron	15.57	2
33		Cotter	15.57	1
34	9	CF	15.61	1
35		Hayfield	15.68	2

Event 2 Boys 100 Meter Dash

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Meet Record: M 11.24	1995	(hh+)	Brad Prigge	(Zumbrota-Mazeppa)
Meet Record: M 11.24	1979	(hh+)	Steve Woessner	(Stewartville)
Name	Year	School	Finals	H#
=====				
1		JR Knights	11.87	5
2		JR Stewartville	11.94	5
3	12	Byron	11.97	5
4	JR	Stewartville	12.02	5
5	SR	Bombers	12.14	5
6	SR	Cotter	12.19	5
7	SO	Z-M	12.33	4
8		La Crescent	12.41	5
9	SO	Knights	12.48	4

10	Connor Bennett	JR Bombers	12.60	4
11	Damian Johnson	11 Triton	12.64	3
12	Austin Bauer	SO Knights	12.66	4
13	Brandon Poppe	SR Bombers	12.68	4
14	Nate Lemmer	SR Cotter	12.86	5
15	Kevin Armbrust	SR PIHS	12.88	3
16	Nick Alfaro	9 Rochester Lo	12.94	2
17	Tony Clough	12 Lake City	13.04	2
18	Bruce Schneider	SR KM KoMets	13.09	3
19	Tucker Goesch	La Crescent	13.10	2
20	Adam Wade	11 Rochester Lo	13.11	3
21	Nathan Bahr	9 Byron	13.11	4
22	Adam Herbst	JR KM KoMets	13.14	2
23	Conor Schulz	11 Lake City	13.26	3
24	Josh Lyon	JR Z-M	13.28	2
25	Brad Jeanson	JR PIHS	13.31	2
26	Alec Lovlein	SO Hayfield	13.32	1
27	Drew Fuchs	10 Byron	13.43	3
28	Tate Yulga	12 Lake City	13.68	3
29	Brad Bye	JR PIHS	13.71	2
30	Connor Henderson	12 Triton	13.79	1
31	Aaron Robertson	SR KM KoMets	13.98	2
32	Elijah O'Brien	FR Hayfield	14.25	1
33	Tyler Head	12 Triton	16.42	1
--	Brian Williamson	11 Rochester Lo	FS	4
--	Cody Stanger	Stewartville	FS	3

Event 3 Girls 200 Meter Dash

Meet Record: M 25.74 1979 (hh+) Laurie Hernke (Cannon Falls)

Name	Year	School	Finals	H#
1	Steph Bussan	10 Stewartville	28.35	5
2	Colleen Owen	ZM	28.42	5
3	Madison Heydt	Hayfield	28.72	5
4	Braeden McElmury	8 Lake City	28.97	5
5	Morgan Savage	11 Byron	28.98	5
6	Mariya Swanson	Cotter	29.00	5
7	Bailey Cronin	8 Lake City	29.12	3
8	Jenna Tumlin	11 Triton	29.15	5
9	Arianna Lorentz	8 KM KoMets	29.21	3
10	Camille Fawcett	10 Byron	29.42	5
11	Taylor Koller	10 Lake City	29.89	4
12	Rebekah Birgin	KM KoMets	29.94	4
13	Erin Groth	FR Knights	30.23	3
14	Lisa Bjork	9 Rochester Lo	30.24	3
15	Rachel Reicher	8 KM KoMets	30.43	3
16	Abby Buehler	11 Triton	30.47	4
17	Jordyn Boe	8 Byron	30.51	3
18	Courtney Brendel	SO Cotter	30.55	4
19	Sara Gilbertson	Hayfield	30.64	3
20	Lexi Hoppenworth	La Crescent	30.73	3
21	Kaitlin Dick	9 Pine Island	30.85	4
22	Allanah Kessler	11 CF	30.90	1
23	Alex Kehrberg	10 CF	31.17	1
24	Katherine Canan	9 Rochester Lo	31.62	2
25	Michaela Stucky	SO Knights	31.64	1
26	Anna Haggerty	10 Pine Island	31.77	2
27	Caity Fahy	10 Pine Island	31.79	2
28	Lisa Ecker	ZM	32.06	4
29	Emily Karl	FR Knights	32.17	2
30	Caitlyn Tempel	Hayfield	32.19	2
31	Cheyenne Carpenter	La Crescent	32.20	2

32	Ashlyn Elliot	10	Stewartville	32.34	1
33	Ella Blaisdell	7	Triton	32.69	2
34	Kiley Derr	10	Stewartville	32.79	2
35	Joana Beyer		Cotter	34.39	1
36	Broenyn Orcutt		ZM	35.23	1

Event 4 Boys 200 Meter Dash

Meet Record: M 22.24 1966		y (hh+) G.		Caunauty (St. Charles)	
Name	Year	School	Finals	H#	
1	Jason Jennings	12	Triton	23.44	5
2	Demetre Growette	SR	Bombers	23.47	5
3	Blake Johnson	JR	Knights	23.65	5
4	Richard Skic	JR	Stewartville	23.69	4
5	Trevor Akason	JR	PIHS	23.75	5
6	Rodney Smith	JR	Stewartville	24.07	5
7	Chris Aiken	SR	Bombers	24.25	4
8	Zach Haltvick	12	Triton	24.35	5
9	Kane Carstens	9	Rochester Lo	24.51	3
10	Alec Von Arx		La Crescent	24.52	4
11	Brian Williamson	11	Rochester Lo	24.54	4
12	McKay Carstens	9	Rochester Lo	24.72	5
13	Lucian Dieterman	12	Lake City	24.74	4
14	AJ Allee	SR	Hayfield	24.81	3
15	Jordan Hickey	10	Byron	24.85	4
16	Brian Bellrichard	11	Byron	24.87	4
17	Cole Nielsen	SO	KM KoMets	25.06	3
18	Tyler Paquin	SO	Knights	25.11	3
19	Brian Richter	JR	Cotter	25.19	5
20	Nate Lemmer	SR	Cotter	25.30	3
21	Jack Howell	SO	Stewartville	25.61	3
22	NK Nuygen		Cotter	25.66	2
23	Kevin Armbrust	SR	PIHS	25.77	4
24	Austin Bauer	SO	Knights	25.81	2
25	Matt Alitz	12	Lake City	26.07	2
26	Jacob Willers		La Crescent	26.24	2
27	Andy Weigel		La Crescent	26.31	2
28	Tanner Minette	FR	KM KoMets	26.32	1
29	Adam Maciejczak	12	Lake City	26.86	1
30	Cody Heitman	FR	Z-M	27.09	1
31	Matt Bergstad	SO	Hayfield	27.39	2
32	Nathan Bahr	9	Byron	27.46	3
33	Ryan Hinck	SR	PIHS	28.69	1
34	Caleb Giannini	FR	Z-M	28.71	1
35	Joe Rislov	10	Triton	28.82	1

Event 5 Girls 400 Meter Dash

Meet Record: M 59.40 2001		Anna Moes (Rochester Lourdes)			
Meet Record: M 59.64 1988		(hh+) Liz Leaf (Lake City)			
Name	Year	School	Finals	H#	
1	Loralee Onstad		La Crescent	1:00.64	4
2	Abby Manitz	SO	KM KoMets	1:02.51	4
3	Madison Heydt		Hayfield	1:03.36	4
4	Bailey Cronin	8	Lake City	1:03.63	4
5	Taylor Koller	10	Lake City	1:03.81	3
6	Meredith Rolfs	11	Rochester Lo	1:04.23	4
7	Jordan Blakeslee	12	CF	1:04.95	3
8	Caitlin Schartau	8	Pine Island	1:05.57	4
9	Maura Michener		Cotter	1:06.25	4
10	Kelsey Hokanson	JR	Knights	1:06.28	3

11	Sveta Mason	11	CF	1:06.45	4
12	Abbigail Gushalak	8	Pine Island	1:06.63	3
13	Emma Thomley	7	CF	1:06.70	3
14	Marie Mangold	9	Lake City	1:07.98	3
15	Nicole Fokken	9	Pine Island	1:08.15	1
16	Alli Robertson	FR	KM KoMets	1:08.92	3
17	Laura Mesenburg	12	Byron	1:09.14	2
18	Sarah Bernards	8	KM KoMets	1:09.56	2
19	Lauren Timm	10	Byron	1:09.66	2
20	Cori Dillon	10	Rochester Lo	1:10.87	2
21	Brooke Schuh		La Crescent	1:11.26	1
22	Ellen Emrich	10	Stewartville	1:12.88	2
23	Ella Blaisdell	7	Triton	1:12.96	1
24	Maria Gehling	12	Stewartville	1:13.24	1
25	Haley Yankowiak	7	Triton	1:14.85	2
26	Broenyn Orcutt		ZM	1:20.05	1
27	Savannah Sikkema		La Crescent	1:20.80	1

Event 6 Boys 400 Meter Dash

Meet Record: M 49.14 1984 (hh+) Jim Grebin (Austin Pacelli)

Name	Year	School	Finals	H#
1	Paul Hernke	JR Bombers	52.49	5
2	Dean Quinn	SR Bombers	52.91	5
3	McKay Carstens	9 Rochester Lo	53.38	5
4	Thor Knutson	10 Byron	53.89	5
5	Trevor Dale	SR Stewartville	54.12	4
6	Alex Glynn	11 Rochester Lo	54.16	5
7	Sam Freiheit	JR Hayfield	54.34	4
8	Alex Schmidt	11 Lake City	54.36	5
9	Ben Coady	SO Z-M	54.54	5
10	Sam Remine	SO KM KoMets	55.14	5
11	Joe Bernard	SR KM KoMets	55.69	4
12	Slava Ivchenkov	SR PIHS	55.91	4
13	John Bovia	JR KM KoMets	55.96	3
14	Emilio Taiveaho	Cotter	56.01	3
15	Jason Robey	JR Stewartville	56.23	3
16	Jack Howell	SO Stewartville	56.38	3
17	Dustin Buhr	12 Byron	57.06	4
18	Spike Henn	SR Z-M	57.08	4
19	James Armstead	11 Rochester Lo	57.33	4
20	Will Balow	9 Lake City	57.38	3
21	Gage Kranz	9 Lake City	57.40	3
22	Aaron Busch	SR Bombers	57.61	3
23	Evan Mumbleau	La Crescent	57.66	3
24	Noah Smith	SO PIHS	58.77	2
25	Connor Kispert	11 Triton	59.53	2
26	Cody Heitman	FR Z-M	59.94	2
27	Lucas Knutson	11 Triton	1:00.15	2
28	Anthony Mueller	Cotter	1:00.39	2
29	Hunter Gross	La Crescent	1:01.32	2
30	Mitch Fokken	JR PIHS	1:01.79	2
31	Marcell Brown	SO Cotter	1:02.23	1
32	Tucker Hjermstad	JR Knights	1:02.81	1
33	Micah Thorson	SR Hayfield	1:03.33	1
34	Ryan Linskey	SR Hayfield	1:04.43	1

Event 7 Girls 800 Meter Run

Meet Record: M 2:18.30 2010 Laurel Ramer (Kasson-Mantorville)

Name	Year	School	Finals
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1	Laurel Ramer	SO	KM KoMets	2:20.86
2	Katie Shepardson		La Crescent	2:20.89
3	Sydney Gehrt	11	Byron	2:25.95
4	Taylor Gibson		La Crescent	2:26.60
5	Paige Gernes	SO	Cotter	2:30.64
6	Jessica Ungs	FR	KM KoMets	2:32.42
7	Maggie Balow	11	Lake City	2:32.55
8	Mallory Adamson	8	Rochester Lo	2:33.62
9	Morgan Dammann	7	Lake City	2:34.39
10	Alyssa Jensen		La Crescent	2:34.42
11	Melissa Pranke	11	CF	2:35.44
12	Jaquelyn Dodd	9	Stewartville	2:37.24
13	Nicole Theobald	FR	KM KoMets	2:39.31
14	Whitney Lloyd	10	Stewartville	2:40.61
15	Regina Burroughs	8	Byron	2:40.68
16	Courtney Severson		Hayfield	2:41.90
17	Amber Edwards	10	CF	2:42.48
18	Emma Hale	9	Stewartville	2:42.80
19	Cara Edwards	9	CF	2:42.92
20	Alexis Anderson		Hayfield	2:49.36
21	Kaitlin Paradise	11	Byron	2:49.81
22	Jessica Koenig	10	Pine Island	2:51.59
23	Emily Smith		ZM	2:57.16
24	Liza Shelquist	8	Pine Island	2:59.15
25	Abby Thein	10	Pine Island	2:59.45
26	Madison Tebay		Hayfield	3:05.67
27	Lyndsey Renken		ZM	3:06.52
28	Haley Yankowiak	7	Triton	3:08.86
29	Maggie Lacy	9	Rochester Lo	3:14.00
30	Michelle Nygaard		ZM	3:20.20

Event 8 Boys 800 Meter Run

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 Meet Record: M 1:53.64 1994 (hh+) Jason Owen (Stewartville)  
 Name Year School Finals

1	Eric Mueller	SR	Cotter	2:04.01
2	Erick Rico		Cotter	2:04.23
3	Justin Mansfield	12	Byron	2:04.28
4	Derek Wiebke	SO	KM KoMets	2:04.95
5	Jake Johnson	SO	Cotter	2:05.76
6	Zach Scruggs	JR	Stewartville	2:06.43
7	Gabe Langseth	SR	Stewartville	2:06.75
8	Austan Ronnenberg	11	Byron	2:08.67
9	Paul Kohner	SO	PIHS	2:08.75
10	Jonah Gehrt	8	Byron	2:11.87
11	Alex Dick	SR	PIHS	2:12.87
12	Daniel Marnach		La Crescent	2:16.42
13	Patrick Andrews	10	Rochester Lo	2:18.83
14	Nick Ziebell	10	Lake City	2:19.60
15	Antonio Sprout	8	Lake City	2:20.21
16	Mark Ostroy	8	KM KoMets	2:22.03
17	Nick Steichen	10	Rochester Lo	2:22.68
18	Marek Haggerty	SR	Bombers	2:22.93
19	Tyler Rademacher	9	Rochester Lo	2:23.12
20	Justin Zabinski	FR	Stewartville	2:23.28
21	David Kriske	SR	PIHS	2:25.77
22	Jack McCormick		La Crescent	2:26.00
23	Dane Samuelson	SR	Bombers	2:26.29
24	Colin Fritz	8	Lake City	2:26.59
25	Caleb Giannini	FR	Z-M	2:31.07
26	Eric Hokanson		Knights	2:32.01
27	Matthew Kramer	9	Triton	2:39.02

28 David Kuehn	SO Hayfield	2:40.02
29 Ryan Linskey	SR Hayfield	2:46.34
30 Luke Nelson	FR Knights	2:47.12

Event 9 Girls 1600 Meter Run

Meet Record: M 5:11.38 2009 Kyle Blakeslee (Cannon Falls)

Name	Year School	Finals
1 Emi Trost	9 CF	5:15.45
2 Taylor Mikkalson	JR KM KoMets	5:16.96
3 Hannah Mikkalson	JR KM KoMets	5:30.55
4 Rebecca Houston	8 Byron	5:36.99
5 Molly Dunlap	La Crescent	5:47.44
6 Shannon Strickland	10 Rochester Lo	5:50.07
7 Rosie Hermans	10 Stewartville	5:52.56
8 Nicole Theobald	FR KM KoMets	5:56.13
9 Carissa Balow	9 Lake City	6:11.34
10 Hannah Johnson	Hayfield	6:12.34
11 Kayla Lutteke	12 Stewartville	6:16.90
12 Adeline Angst	9 Pine Island	6:17.56
13 Tianna Beniak	ZM	6:17.72
14 Katherine Hoffman	7 CF	6:21.33
15 Taylor Siewert	10 Lake City	6:24.32
16 Taylor Miller	SO Knights	6:26.49
17 Alexis Anderson	Hayfield	6:29.16
18 Dedra Petersen	La Crescent	6:38.28
19 Katie Wallerich	10 Lake City	6:42.45
20 Maria Jensen	8 CF	6:44.94
21 Karlee Paradise	11 Byron	6:51.11
22 Meredith Knowles	La Crescent	6:56.67
23 Maggie Lacy	9 Rochester Lo	6:56.77
24 Courtney O'Reilly	10 Pine Island	6:58.63
25 Megan O'Leary	9 Byron	6:59.00

Event 10 Boys 1600 Meter Run

Meet Record: M 4:15.37 2006 Mike Torchia (Rochester Lourdes)

Name	Year School	Finals
1 Nathan Warneke	JR Z-M	4:39.50
2 Eric Anderson	12 Byron	4:41.42
3 Derek Wiebke	SO KM KoMets	4:43.38
4 Ben VanEss	SR Stewartville	4:53.26
5 Shane Nepstad	11 Byron	4:55.30
6 Jacob Bieber	10 Byron	4:55.51
7 Quad Kilander	La Crescent	4:59.40
8 Michael Kuehn	SR Hayfield	5:00.60
9 Carston Dammann	10 Lake City	5:02.95
10 Connor Franta	La Crescent	5:04.14
11 Connor Wernecke	La Crescent	5:08.19
12 Chad Kruger	FR Hayfield	5:08.73
13 Jason Flemke	SR PIHS	5:08.88
14 Brian Rivers	SR Cotter	5:11.68
15 Nick Steichen	10 Rochester Lo	5:12.98
16 Ethan Plager	10 Rochester Lo	5:20.64
17 Tyler Rademacher	9 Rochester Lo	5:20.69
18 Connor Rohr	FR Bombers	5:25.58
19 Isaiah Rutten Johnson	SO PIHS	5:25.76
20 Eric Hokanson	Knights	5:28.26
21 Peter Tate	11 Triton	5:29.16
22 David Kriske	SR PIHS	5:34.57
23 Jesup Helgut	JR Stewartville	5:49.87

24	David Kuehn	SO Hayfield	5:52.65
25	Keenan Klotz	JR Z-M	5:56.21
26	Ben Kleese	FR Knights	6:04.25
27	Dimitri Waters	Cotter	6:40.15

Event 11 Girls 3200 Meter Run

Meet Record: M 11:09.70 2009 Kyle Blakeslee (Cannon Falls)

Name	Year	School	Finals
1 Emi Trost	9	CF	11:57.99
2 Camila Bedoya	10	Rochester Lo	12:06.10
3 Carlye Guzman		La Crescent	12:28.32
4 Brianna Griffin	8	KM KoMets	12:29.66
5 Tessa Ladsten		La Crescent	12:30.06
6 Kara Long	9	Byron	12:56.92
7 Katie Bohn	FR	Knights	13:07.35
8 Samantha Keller	9	Lake City	13:07.51
9 Madeline Anderson	9	Lake City	13:15.17
10 Lexi Befort	10	Lake City	13:16.34
11 Tianna Beniak		ZM	13:20.24
12 Riley Paulson	9	Stewartville	13:43.05
13 Megan Ellis		Hayfield	13:44.10
14 Shannyn Rolbiecki		La Crescent	13:46.09
15 Hannah Conroy		Hayfield	13:59.28
16 Haley Abrams	9	Byron	14:06.71
17 Summer Rauk	7	Pine Island	15:15.98

Event 12 Boys 3200 Meter Run

Meet Record: M 9:14.23 2006 Mike Torchia (Rochester Lourdes)

Name	Year	School	Finals
1 Nathan Warneke		JR Z-M	10:13.40
2 Matt Schrupp		FR Cotter	10:38.86
3 Brandon Franta		La Crescent	10:41.47
4 Eric Anderson	12	Byron	10:53.58
5 Quad Kilander		La Crescent	10:53.66
6 Shane OLeary	11	Byron	10:56.35
7 Shane Nepstad	11	Byron	10:57.82
8 Michael Kuehn	SR	Hayfield	11:09.96
9 Ryan Brandt		Rochester Lo	11:20.95
10 Kyle Matthees	10	Rochester Lo	11:21.74
11 Nick Murry	FR	KM KoMets	11:23.52
12 Ben Nystuen	FR	Knights	11:25.28
13 Isaiah Rutten Johnson	SO	PIHS	11:34.03
14 James Drettwan	FR	Z-M	11:34.27
15 Sergey Duchelle	8	Lake City	11:36.02
16 Jon Fleischmann	FR	Hayfield	11:37.65
17 Barry Nelson		Cotter	11:44.28
18 Gabe Tempel		Hayfield	11:45.71
19 John Beckman	10	Rochester Lo	12:14.29
20 Joey Graves		La Crescent	12:17.36
21 Christopher Breuer	11	Lake City	12:22.47
22 Justin Zabinski	FR	Stewartville	12:24.35
23 Paul Annonson	SO	Z-M	12:24.90
24 Marcus Wolfle		PIHS	12:25.05
25 Brandon Duellman		Cotter	12:49.14
26 James Schroder	SO	PIHS	12:52.65
27 Alex Danielson	FR	Bombers	13:02.59
28 Alek Bernard		KM KoMets	13:17.45
29 Ben Colvin		KM KoMets	13:18.47

## Event 13 Girls 100 Meter Hurdles

Meet Record: M 15.54 1991 (hh+) Martha Harris (Byron)				
Name	Year	School	Finals	H#
1 Autumn Ehlke	JR	KM KoMets	17.36	5
2 Kaylee Becker	11	Lake City	17.82	5
3 Josie Hale	10	Stewartville	17.96	5
4 Brooke Sexton	8	Triton	18.04	4
5 Becca Mehling	10	Rochester Lo	18.16	5
6 Rachel Bernards	FR	KM KoMets	18.44	5
7 Kari VanZuilen	11	Triton	18.52	4
8 Alexis Johnson	9	Triton	18.56	5
9 Eleanor Holm		ZM	18.97	4
10 Indy Boeck	10	CF	19.03	3
11 Molly Grover		ZM	19.12	4
12 Madison Blazing	9	Byron	19.17	4
13 Johanna Bungum		Hayfield	19.18	3
14 Karen Kersting		Cotter	19.27	4
15 Danielle Frederick		La Crescent	19.28	3
16 Mariah Pritzl	8	Lake City	19.45	4
17 Emma Drackley		ZM	19.48	3
18 Trista Bremer	9	Lake City	19.61	2
19 Alejandra Murch	12	Pine Island	19.85	3
20 Sierra McNallan	9	Pine Island	19.92	3
21 Paisley Jones	8	KM KoMets	19.93	5
22 Nicole Amos	11	Stewartville	20.52	3
23 Elizabeth Reynolds		Hayfield	20.62	2
24 Sarah Haskell	9	Pine Island	21.66	2
25 Sarah Jensen	12	CF	21.74	2
26 Cori Gerzsik		La Crescent	21.77	3
27 Colette Penic	FR	Cotter	22.09	1
28 Delaney Dwyer		La Crescent	22.84	2
29 Hanna Voxland	SR	Knights	22.86	1
30 Madison Langdon	10	CF	22.91	2
31 Nell Hull		Cotter	23.84	1
-- Kelsey Von Berge	9	Byron	FS	5

## Event 14 Boys 110 Meter Hurdles

Meet Record: M 15.34 1996 (hh+) Adam DeCook (Byron)				
Meet Record: M 15.34 1994 (hh+) Parc Williams (Zumbrota-Mazeppa)				
Meet Record: M 15.34 1981 (hh+) Brad Todd (Plainview)				
Name	Year	School	Finals	H#
1 Cole Fuchs	11	Byron	15.84	4
2 Reed Bjork	12	Rochester Lo	16.04	4
3 Adam Bungum	11	Triton	16.13	4
4 Emerson Ludwig		La Crescent	16.21	4
5 Jack Blaisdell	11	Triton	17.21	4
6 Brooks Zamzow	12	Byron	17.51	4
7 Chad Swenson	SR	Z-M	17.63	3
8 Isaac Tschann	SR	Z-M	17.72	3
9 Zach Drees	FR	Stewartville	18.07	3
10 Austin McGee	JR	PIHS	18.41	4
11 Jeremy Guillien		La Crescent	18.85	3
12 Nick Laning	9	Byron	19.08	3
13 Ed Remine	S0	KM KoMets	19.38	3
14 Matt Heiden		La Crescent	19.40	2
15 Caleb Greseth		Knights	19.42	3
16 Joel Venzke	JR	Stewartville	19.55	2
17 Reas Sessions	SO	Bombers	20.91	2
18 Zach Docktor	FR	Bombers	21.26	2



19	Brad Haze	JR	PIHS	21.32	2
20	Anthony Kane	FR	Bombers	21.54	2
21	Robert Rivers		Cotter	21.66	2
22	Noah Smith	SO	PIHS	21.97	1
23	Cody Weber	8	KM KoMets	22.10	1
24	Lucas Bakken	FR	Knights	22.18	1

Event 15 Girls 300 Meter Hurdles

Meet Record: M 45.94 1985		(hh+) Gretchen Otto (Rochester Lourdes)			
Name	Year	School	Finals	H#	
1	Josie Hale	10	Stewartville	49.25	5
2	Brielle Bierman		La Crescent	50.25	5
3	Nicolette Lippert	SR	KM KoMets	50.35	5
4	Kaylee Becker	11	Lake City	51.64	5
5	Angela Patel	9	Rochester Lo	51.69	5
6	Kelsey Von Berge	9	Byron	51.70	5
7	Eleanor Holm		ZM	51.93	4
8	Laura Torgerson	9	Pine Island	51.95	5
9	Becca Mehling	10	Rochester Lo	52.20	5
10	Alexis Johnson	9	Triton	52.85	4
11	Lisa Bjork	9	Rochester Lo	52.96	4
12	Madison Blazing	9	Byron	53.18	4
13	Liz O'Brien	12	Pine Island	53.36	4
14	Kari VanZuilen	11	Triton	53.40	4
15	Piper Yankowiak	8	Triton	53.91	3
16	Audra Benish		La Crescent	53.93	3
17	Karen Kersting		Cotter	54.28	4
18	Mariah Pritzl	8	Lake City	54.41	3
19	Emma Drackley		ZM	54.44	3
20	Jessi Thompson	FR	Knights	54.66	3
21	Rachel Bernards	FR	KM KoMets	54.68	3
22	Allison Mollenhauer		ZM	54.88	4
23	Johanna Bungum		Hayfield	56.59	2
24	Rachel Reicher	8	KM KoMets	56.62	2
25	Jackie Qualle	11	CF	57.44	2
26	Sarah Haskell	9	Pine Island	57.77	2
27	Elizabeth Reynolds		Hayfield	58.59	2
28	Ashley Gates	10	Lake City	59.06	2
29	Nicole Amos	11	Stewartville	59.17	3
30	Silka Ritzman	9	CF	59.26	2
31	Sarah Jensen	12	CF	1:00.12	1
32	Sarah Benrud		Knights	1:03.88	1
33	Nell Hull		Cotter	1:06.20	1
34	Colette Penic	FR	Cotter	1:06.56	1
35	Cristina Cuhel		La Crescent	1:08.91	1

Event 16 Boys 300 Meter Hurdles

Meet Record: M 39.34 1996		(hh+) Will Gibson (Winona Cotter)			
Name	Year	School	Finals	H#	
1	Adam Bungum	11	Triton	41.35	5
2	Reed Bjork	12	Rochester Lo	41.42	5
3	Cole Fuchs	11	Byron	41.77	5
4	Austin McGee	JR	PIHS	42.49	5
5	Joe Koll	SO	Cotter	43.16	5
6	Isaac Tschann	SR	Z-M	43.42	5
7	Emerson Ludwig		La Crescent	43.89	5
8	AJ Allee	SR	Hayfield	44.76	3
9	Chad Swenson	SR	Z-M	44.77	4
10	Zach Drees	FR	Stewartville	44.91	4

11	Jack Blaisdell	11	Triton	45.32	5
12	Ed Remine	SO	KM KoMets	45.36	4
13	NiCholas Sigrist	9	Byron	45.58	4
14	Greg Gernes	SR	Cotter	45.88	4
15	Calvin Kim	9	Rochester Lo	47.51	3
16	Caleb Greseth		Knights	47.94	2
17	Andrew Winkles	10	Rochester Lo	47.98	3
18	Niles Ludwig		La Crescent	48.04	2
19	Cal McCormick		La Crescent	48.26	4
20	Jesup Helgut	JR	Stewartville	48.52	2
21	Mason Stevenson		Knights	48.78	3
22	Reas Sessions	SO	Bombers	48.79	3
23	Nick Laning	9	Byron	48.89	3
24	Marcus Jacobson	12	Lake City	49.27	2
25	Brad Haze	JR	PIHS	49.63	3
26	Mitchell Hendrickson	SR	Bombers	51.09	1
27	Aaron Busch	SR	Bombers	51.26	3
28	Lucas Bakken	FR	Knights	51.96	1
29	Christian Kroll	SO	PIHS	54.46	2
30	Robert Rivers		Cotter	56.83	2

Event 17 Girls 4x100 Meter Relay

=====					
Meet Record: M	50.88	2009	Triton		
Meet Record: M	50.94	1989	(hh+) Byron		
School				Finals	H#
=====					
1	Byron			52.44	2
2	Lake City			52.85	2
3	Kasson Mantorville KoMets			53.15	2
4	Stewartville			53.54	2
5	Triton			54.15	2
6	Pine Island Girls Track			54.92	1
7	La Crescent			55.12	2
8	Zumbrota-Mazeppa			56.13	1
9	Cannon Falls			56.25	1
10	Hayfield Vikings			56.26	2
11	Kenyon-Wanamingo			56.94	2
12	Rochester Lourdes			58.32	1
13	Winona Cotter			58.57	1

Event 18 Boys 4x100 Meter Relay

=====					
Meet Record: M	43.74	1984	(hh+) Austin Pacelli		
School				Finals	H#
=====					
1	Triton			44.45	2
2	Stewartville			44.80	2
3	La Crescent			45.83	2
4	Kenyon-Wanamingo			45.95	2
5	Pine Island Boy's Track			46.68	1
6	Lake City			46.93	2
7	Byron			46.97	2
8	Winona Cotter			47.03	2
9	Rochester Lourdes			47.77	2
10	Zumbrota-Mazeppa 'B'			48.03	1
11	Kasson Mantorville KoMets			48.46	1
12	Cannon Falls Bombers			48.53	1
13	Hayfield Vikings			1:02.14	1

Event 19 Girls 4x200 Meter Relay

Meet Record: M 1:46.84 1977 y (hh+) Plainview

School	Finals	H#
1 Kasson Mantorville KoMets	1:51.04	2
2 Stewartville	1:52.57	2
3 Lake City	1:52.64	2
4 Triton	1:54.76	2
5 Pine Island Girls Track	1:55.88	2
6 Hayfield Vikings	1:56.04	2
7 Cannon Falls	1:56.52	1
8 Byron	1:57.53	1
9 La Crescent	1:58.24	1
10 Rochester Lourdes	2:01.11	2
11 Kenyon-Wanamingo	2:05.01	1
12 Winona Cotter	2:12.78	1
-- Zumbrota-Mazeppa	DQ	2

Event 20 Boys 4x200 Meter Relay

Meet Record: M 1:32.27 2010 Cannon Falls, Cannon Falls  
D Boeck, C Aiken, D Growette, P Hernke

School	Finals	H#
1 Pine Island Boy's Track	1:35.20	1
2 Triton	1:35.56	2
3 Cannon Falls Bombers	1:35.81	2
4 Byron	1:36.60	2
5 Rochester Lourdes	1:38.08	2
6 Winona Cotter	1:38.93	2
7 Zumbrota-Mazeppa	1:40.10	2
8 La Crescent	1:40.36	1
9 Lake City	1:40.39	2
10 Kasson Mantorville KoMets	1:41.01	1
11 Stewartville	1:41.85	2
12 Hayfield Vikings	1:48.73	1
13 Kenyon-Wanamingo	1:48.98	1

Event 21 Girls 4x400 Meter Relay

Meet Record: M 4:04.34 2010 Kasson-Mantorville, Kasson-Mant.  
C Weber, H Buchl, A Manitz, L Ramer

School	Finals	H#
1 La Crescent	4:07.07	2
2 Kasson Mantorville KoMets	4:17.20	2
3 Pine Island Girls Track	4:22.57	2
4 Cannon Falls	4:23.84	2
5 Lake City	4:26.39	2
6 Winona Cotter	4:27.23	1
7 Byron	4:28.15	1
8 Stewartville	4:29.18	2
9 Rochester Lourdes	4:30.89	2
10 Triton	4:37.69	1
11 Zumbrota-Mazeppa	4:40.92	2
12 Hayfield Vikings	4:53.06	1

Event 22 Boys 4x400 Meter Relay

Meet Record: M 3:26.84 1984 (hh+) Austin Pacelli

School	Finals	H#
1 Cannon Falls Bombers	3:34.39	2
2 Byron	3:37.23	2
3 Rochester Lourdes	3:37.80	2

4	Stewartville	3:42.11	1
5	Kasson Mantorville KoMets	3:44.62	2
6	Winona Cotter	3:45.45	2
7	La Crescent	3:46.74	2
8	Pine Island Boy's Track	3:51.15	1
9	Zumbrota-Mazeppa	3:53.26	2
10	Lake City	4:01.03	1
11	Hayfield Vikings	4:01.61	1
12	Triton	4:05.86	2

Event 23 Girls 4x800 Meter Relay

Meet Record: M 9:45.26 2010 Kasson-Mantorville, Kasson-Mant.  
H Mikkalson, A Bratrud, A Manitz, L Ramer

School	Finals
1	Kasson Mantorville KoMets 9:44.46M
2	La Crescent 9:51.81
3	Rochester Lourdes 10:18.87
4	Byron 10:30.34
5	Lake City 10:39.43
6	Stewartville 10:49.57
7	Pine Island Girls Track 10:52.07
8	Cannon Falls 10:53.46
9	Hayfield Vikings 11:34.13
10	Zumbrota-Mazeppa 13:00.54

Event 24 Boys 4x800 Meter Relay

Meet Record: M 8:14.20 2006 Pine Island

School	Finals
1	Winona Cotter 8:26.52
2	Stewartville 8:30.32
3	Byron 8:54.61
4	Pine Island Boy's Track 9:11.20
5	La Crescent 9:16.57
6	Rochester Lourdes 9:27.65
7	Kasson Mantorville KoMets 9:31.16
8	Zumbrota-Mazeppa 9:33.28
9	Lake City 9:42.16
10	Hayfield Vikings 10:08.43
11	Cannon Falls Bombers 10:22.07
12	Kenyon-Wanamingo 10:29.88
13	Triton 10:33.75

Event 25 Girls Shot Put

Meet Record: M 41-07 1997 Meaghan Beck (Byron)

Name	Year School	Finals
1	Nikki Beyer SR Cotter	32-02.00 9.80m
2	Lisa Flynn 12 Stewartville	32-01.00 9.77m
3	Sara Wobig 12 Pine Island	31-01.50 9.48m
4	Sarah West 10 Stewartville	30-06.50 9.30m
5	Katie Scruggs 10 Stewartville	29-09.00 9.06m
6	Sarina Gronseth Hayfield	29-04.50 8.95m
7	Jasmin Schiffer ZM	28-08.00 8.73m
8	Maci Yungdahl Byron	28-05.75 8.68m
9	Karlee Johnson 11 Byron	28-05.50 8.67m
10	Crystal Nickles 10 Byron	27-07.00 8.40m
11	Haylee Lantz Hayfield	27-06.00 8.38m
12	Emmy Miller 11 CF	27-04.50 8.34m

13	Melissa Pranke	11	CF	26-09.00	8.15m
14	Allison Egge	9	CF	26-06.00	8.07m
15	Mariah Denzer	9	Lake City	26-03.00	8.00m
16	Jessica Wallaker	SR	Knights	26-02.50	7.98m
17	Alexsa Bartlett	FR	KM KoMets	25-10.25	7.88m
18	Kristin Getschmann	9	Lake City	25-09.00	7.84m
19	Laura Tripp		La Crescent	25-06.00	7.77m
20	Abigail McKern	FR	KM KoMets	25-04.50	7.73m
21	Kathryn Haeska	9	Lake City	24-08.00	7.51m
22	Joana Beyer		Cotter	24-06.50	7.48m
23	Alexa Anderson	9	Pine Island	24-06.00	7.46m
24	Stephanie Pike	9	Pine Island	24-02.00	7.36m
25	Makayla Loeschen		Hayfield	23-07.75	7.20m
26	Tori Kyllo		ZM	23-07.50	7.20m
27	Kristine Schluttner	12	Rochester Lo	23-07.50	7.20m
28	MaryAlyce Rush	10	Rochester Lo	21-05.25	6.53m
29	Katy Sokoloski	JR	Knights	21-03.00	6.47m
30	Lexie Adams		La Crescent	20-10.75	6.37m
31	Debbie Miller		ZM	20-01.25	6.12m
32	Liz Wagner		La Crescent	19-06.00	5.94m
33	Valeria Bautista		Cotter	19-00.00	5.79m
34	Kathryn Lubahn	11	Pine Island	9-06.00	2.89m

Event 26 Boys Shot Put

=====					
Meet Record: M 62-01.50		1996	Tim Senjem (Hayfield)		
Name	Year	School	Finals		
=====					
1	Brady Fuchs	11	Byron	50-08.50	15.45m
2	Hunter Anderson	JR	Hayfield	50-07.00	15.41m
3	Ted Ohm	SR	PIHS	46-00.50	14.03m
4	Chris Schley	12	Triton	44-09.50	13.65m
5	Jordan Foster	JR	Stewartville	43-03.50	13.19m
6	Mike Szynal	11	Byron	42-10.00	13.05m
7	Zach Albrecht		La Crescent	41-00.50	12.50m
8	Brian Burroughs	10	Byron	40-05.50	12.33m
9	Kenny Kirkvold	SO	Cotter	39-10.00	12.14m
10	Caleb Schmidt	SR	Stewartville	39-06.50	12.05m
11	Ryan McMorro	JR	Bombers	37-09.50	11.51m
12	Caleb Tindal	SR	Hayfield	37-07.50	11.46m
13	Will White	SO	Cotter	36-10.50	11.23m
14	Matt Hodgman	SO	Z-M	36-05.50	11.11m
15	David Underwood	SO	KM KoMets	36-04.50	11.08m
15	Dustin Safe	JR	Bombers	36-04.50	11.08m
17	Dan Zacharda	SR	KM KoMets	36-03.50	11.06m
18	Colten Kruempel	10	Lake City	36-01.00	10.99m
19	Jeremy Guillien		La Crescent	35-07.50	10.85m
20	Tyrell Bleifus	JR	Stewartville	35-05.25	10.80m
21	Jeff Benike	SR	PIHS	35-04.50	10.78m
22	Josh Thesing		La Crescent	33-06.00	10.21m
23	Tim Kehoe	12	Rochester Lo	33-04.50	10.17m
24	Lucas Knutson	11	Triton	32-08.50	9.96m
25	Will Larson	JR	Z-M	32-08.00	9.95m
26	Gab Schulz	10	Lake City	32-05.00	9.88m
27	Adam Herbst	JR	KM KoMets	32-01.00	9.77m
28	Jevin Rosburg	SR	PIHS	31-07.00	9.62m
29	Hudson Ades	FR	Knights	30-11.50	9.43m
30	Connor Henderson	12	Triton	30-10.50	9.41m
31	Khoa Nguyen	10	Rochester Lo	30-05.00	9.27m
32	Kris Kiser	SR	Hayfield	29-03.00	8.91m
33	Will Balow	9	Lake City	28-09.00	8.76m
34	Josh Siebenaler	FR	Bombers	28-04.50	8.64m
35	Robert Rivers		Cotter	27-07.00	8.40m

36 Mitchell Hartgers	JR Knights	25-10.00	7.87m
37 Bailey Paquin	Knights	24-11.00	7.59m
38 Josh Lyon	JR Z-M	24-09.00	7.54m

Event 27 Girls Discus Throw

Meet Record: M 127-10 1998		Nicole Wellik (Stewartville)	
Name	Year School	Finals	
1 Lisa Flynn	12 Stewartville	118-07	36.14m
2 Nikki Beyer	SR Cotter	98-07	30.04m
3 Anna Gay	12 Lake City	96-02	29.31m
4 Holly Herzig	12 Lake City	91-09	27.96m
5 Michaela Silhasek	12 Byron	91-06	27.88m
6 Melissa Pranke	11 CF	90-03	27.50m
7 Rachael Nelson	La Crescent	90-01	27.45m
8 Allison Egge	9 CF	89-02	27.17m
9 Maci Yungdahl	Byron	85-01	25.93m
10 Molly Grover	ZM	82-06	25.14m
11 Raven Blahnik	9 Stewartville	80-08	24.58m
12 Jessica Wallaker	SR Knights	78-10	24.02m
13 Abigail McKern	FR KM KoMets	77-10	23.72m
14 Sarah West	10 Stewartville	75-02	22.91m
15 Jesslyn Hendrickson	11 CF	74-06	22.70m
16 Jasmin Schiffer	ZM	74-02	22.60m
17 Kristin Getschmann	9 Lake City	72-05	22.07m
18 Tori Kyllo	ZM	72-03	22.02m
19 Margaret Silhasek	9 Byron	71-02	21.69m
20 Alexsa Bartlett	FR KM KoMets	70-02	21.38m
21 Sarina Gronseth	Hayfield	69-03	21.10m
22 Kalley Berg	9 Pine Island	66-11	20.39m
23 Joana Beyer	Cotter	65-08	20.01m
24 Taylor Miller	SO Knights	65-04	19.91m
25 Haylee Lantz	Hayfield	63-07	19.38m
26 Sara Wobig	12 Pine Island	61-11	18.87m
27 Emma Van Peurse	Hayfield	61-04	18.69m
28 Lexie Adams	La Crescent	60-01	18.31m
29 Katy Sokoloski	JR Knights	57-06	17.52m
30 MaryAlyce Rush	10 Rochester Lo	54-08	16.66m
31 Kristine Schluttner	12 Rochester Lo	53-08	16.35m
32 Laura Tripp	La Crescent	52-00	15.84m
33 Danielle Bye	9 Pine Island	51-04	15.64m
34 Valeria Bautista	Cotter	48-07	14.80m
35 Maggie Lacy	9 Rochester Lo	47-01	14.35m
-- Sarah Underwood	8 KM KoMets	FOUL	
-- Erin Durst	JR KM KoMets	FOUL	

Event 28 Boys Discus Throw

Meet Record: M 173-05 2002		Ricky Smith (Stewartville)	
Name	Year School	Finals	
1 Hunter Anderson	JR Hayfield	143-07	43.76m
2 Jordan Foster	JR Stewartville	137-11	42.03m
3 Brady Fuchs	11 Byron	130-00	39.62m
4 Brian Burroughs	10 Byron	124-10	38.04m
5 Ted Ohm	SR PIHS	124-00	37.79m
6 Travis Smith	11 Byron	123-03	37.56m
7 Tyrell Bleifus	JR Stewartville	121-10	37.13m
8 Jeff Czaplewski	SR Cotter	114-03	34.82m
9 Kenny Kirkvold	SO Cotter	112-06	34.29m
10 Chris Schley	12 Triton	112-03	34.21m
11 Travis Ryan	10 Lake City	110-04	33.62m

12	Zach Albrecht	La Crescent	110-02	33.57m
13	Caleb Tindal	SR Hayfield	109-10	33.47m
14	Dustin Safe	JR Bombers	105-06	32.15m
15	Joe Sorensen	SR Z-M	101-06	30.93m
16	Jeremy Guillien	La Crescent	101-01	30.81m
17	Will White	SO Cotter	100-02	30.53m
18	Brandon Klindworth	SR Z-M	99-02	30.22m
19	Caleb Schmidt	SR Stewartville	98-05	29.99m
20	Adam Herbst	JR KM KoMets	97-08	29.76m
21	Keaton Von Arx	La Crescent	97-01	29.59m
22	Will Larson	JR Z-M	93-11	28.62m
23	Ryan McMorrow	JR Bombers	92-08	28.24m
24	Tim Kehoe	12 Rochester Lo	89-07	27.30m
25	Jeff Benike	SR PIHS	87-06	26.67m
26	Nick Keller	10 Lake City	87-01	26.54m
27	Khoa Nguyen	10 Rochester Lo	87-00	26.51m
28	Colten Kruempel	10 Lake City	86-07	26.39m
29	Lucas Knutson	11 Triton	85-05	26.03m
30	Stephen O'Brien	SR KM KoMets	84-00	25.60m
31	Hudson Ades	FR Knights	82-08	25.19m
32	Connor Henderson	12 Triton	81-03	24.76m
33	Mitchell Hartgers	JR Knights	73-03	22.32m
34	Kris Kiser	SR Hayfield	71-07	21.81m
35	Jevin Rosburg	SR PIHS	62-03	18.97m
36	Josh Siebenaler	FR Bombers	61-03	18.66m
37	Bailey Paquin	Knights	55-00	16.76m
--	Robert Miller	9 Rochester Lo	FOUL	
--	David Underwood	SO KM KoMets	FOUL	

Event 29 Girls Long Jump

Meet Record: M 18-00 1979		Sue Carter (Plainview)	
Name	Year School	Finals	
1	Anne Christofferson	9 Byron	17-00.50 5.19m
2	Laurel Ramer	SO KM KoMets	15-10.75 4.84m
3	Kaylee Becker	11 Lake City	15-05.75 4.71m
4	Anna Gay	12 Lake City	15-05.50 4.71m
5	Paige Gernes	SO Cotter	15-03.25 4.65m
6	Paige Tapp	10 Stewartville	15-03.25 4.65m
7	Colleen Owen	ZM	15-00.50 4.58m
8	Angela Patel	9 Rochester Lo	14-11.25 4.55m
9	Amber Sprau	Hayfield	14-11.25 4.55m
10	Mariya Swanson	Cotter	14-09.25 4.50m
11	Laura Mesenburg	12 Byron	14-07.25 4.45m
12	Mallory Adamson	8 Rochester Lo	14-07.00 4.44m
13	Kari VanZuilen	11 Triton	14-05.50 4.40m
14	Ana Marx	9 Pine Island	14-05.00 4.39m
15	Gabs Hale	12 Stewartville	14-03.50 4.35m
16	Corey Avery	ZM	14-01.75 4.31m
17	Anna Johnson	11 Lake City	14-00.50 4.27m
18	Olivia Peterson	La Crescent	14-00.00 4.26m
19	Madisen Schimek	9 Byron	14-00.00 4.26m
20	Hannah Buchl	JR KM KoMets	13-11.00 4.24m
21	Meredith Rolfs	11 Rochester Lo	13-09.00 4.19m
22	Madison Heydt	Hayfield	13-09.00 4.19m
23	Jordan Blakeslee	12 CF	13-09.00 4.19m
24	Danielle Frederick	La Crescent	13-08.50 4.17m
25	Maura Michener	Cotter	13-08.25 4.17m
26	Kaitlin Dick	9 Pine Island	13-06.50 4.12m
27	Brittany Thissen	Hayfield	13-05.00 4.08m
28	Kelsey Hokanson	JR Knights	13-04.50 4.07m
29	Emily Karl	FR Knights	13-04.25 4.07m

30	Autumn Ehlke	JR	KM KoMets	13-03.75	4.05m
31	Abbigail Gushalak	8	Pine Island	13-03.50	4.05m
32	McKenna Rubin	7	Triton	13-02.25	4.01m
33	Debbie Miller		ZM	13-01.25	3.99m
34	Maggie Rutter	9	CF	12-08.25	3.86m
35	Sarah Jensen	12	CF	12-03.75	3.75m
36	Paige Wanek	10	Triton	11-09.00	3.58m
37	Taylor Miller	SO	Knights	11-07.00	3.53m

Event 30 Boys Long Jump

Meet Record: M 22-02.50 2008		Caleb Rissman (Triton)			
Name	Year	School	Finals		
1	Lucas Ziemba	SO	Z-M	21-03.25	6.48m
2	Isaac Tapp	SR	Stewartville	20-11.50	6.38m
3	Joe Koll	SO	Cotter	20-08.00	6.29m
4	Austin McGee	JR	PIHS	20-07.25	6.28m
5	Jude Williams		La Crescent	20-04.00	6.19m
6	Cullen Prestegard	SR	Bombers	20-03.75	6.19m
7	Zach Hoppenworth-Pederso		La Crescent	20-01.75	6.14m
8	Ben Coady	SO	Z-M	19-09.25	6.02m
9	Ryan Baumbach	12	Byron	19-08.25	6.00m
10	Tate Yulga	12	Lake City	19-02.75	5.86m
11	Alex Schmidt	11	Lake City	18-10.75	5.76m
12	Alex Lubahn	SR	Cotter	18-07.50	5.67m
13	Richard Skic	JR	Stewartville	18-06.75	5.65m
14	Brooks Zamzow	12	Byron	18-05.50	5.62m
15	Luke Timmons	SR	Hayfield	18-04.00	5.58m
16	Damian Johnson	11	Triton	17-08.25	5.39m
17	Michael Ramirez	SR	KM KoMets	17-06.00	5.33m
18	Nick Arnold	JR	Cotter	17-03.00	5.25m
19	Lucian Dieterman	12	Lake City	17-02.75	5.25m
20	Andrew Sharot	SR	Bombers	17-02.75	5.25m
21	Kameron Coe	10	Byron	17-00.00	5.18m
22	Jordan Treder	10	Rochester Lo	16-08.00	5.08m
23	Ben Pletta	JR	KM KoMets	16-07.75	5.07m
24	Brad Bye	JR	PIHS	16-04.00	4.97m
25	Matt Bergstad	SO	Hayfield	16-01.75	4.92m
26	Alex Brummond	SO	Bombers	16-01.25	4.90m
27	Sam Remine	SO	KM KoMets	16-01.00	4.90m
28	Matt Kempinger	10	Rochester Lo	15-07.50	4.76m
29	Caleb Greseth		Knights	15-06.50	4.73m
30	Devyn Stordahl		Knights	15-04.25	4.68m
31	Connor Kispert	11	Triton	15-03.00	4.64m
32	Adam Wade	11	Rochester Lo	15-00.25	4.57m
33	Ben Nystuen	FR	Knights	14-08.00	4.47m
--	Casey Hovey	JR	Z-M	FOUL	
--	Rodney Smith	JR	Stewartville	FOUL	
--	William Walter	SR	PIHS	FOUL	
--	Devon Peterson	SR	Hayfield	FOUL	

Event 31 Girls Triple Jump

Meet Record: M 36-05 2001		Lauren Burmeister (Hayfield)			
Name	Year	School	Finals		
1	Anne Christofferson	9	Byron	34-04.75	10.48m
2	Abby Buehler	11	Triton	33-10.50	10.32m
3	Anna Gay	12	Lake City	33-00.75	10.07m
4	Lisa Flynn	12	Stewartville	32-11.00	10.03m
5	Paige Tapp	10	Stewartville	32-10.25	10.01m
6	Jordyn Farrell	11	Pine Island	31-08.25	9.65m



7	Taylor Mikkalson	JR	KM KoMets	31-08.25	9.65m
8	Trista Bremer	9	Lake City	31-04.25	9.55m
9	Maia Determan	8	KM KoMets	31-01.75	9.49m
10	Jordyn Boe	8	Byron	30-05.50	9.28m
11	Hannah Tapp	10	Stewartville	30-03.25	9.22m
12	Jordan Blakeslee	12	CF	30-02.25	9.20m
13	Hannah Mikkalson	JR	KM KoMets	30-01.00	9.16m
14	Emily Karl	FR	Knights	29-09.00	9.06m
15	Eleanor Holm		ZM	29-07.00	9.01m
16	Melanie Robbins	11	Lake City	29-01.75	8.88m
17	Rachel Dewaard	9	Byron	28-08.75	8.75m
18	Sarah Haskell	9	Pine Island	28-03.75	8.63m
19	Sarah Grover		ZM	28-03.75	8.63m
20	Maggie Rutter	9	CF	28-03.00	8.61m
21	Lisa Bjork	9	Rochester Lo	27-02.00	8.28m
22	Claire Brendel		Cotter	25-11.75	7.91m
23	Jen Michalke		La Crescent	25-11.50	7.91m
24	Lisa Ecker		ZM	25-06.00	7.77m
25	Haley Yankowiak	7	Triton	24-10.50	7.58m
26	Madison Tebay		Hayfield	24-10.50	7.58m
27	Cori Dillon	10	Rochester Lo	23-03.25	7.09m
--	Courtney Brendel	SO	Cotter	FOUL	
--	Kalley Berg	9	Pine Island	FOUL	

Event 32 Boys Triple Jump

=====					
Meet Record: M 45-00.50		2008	Caleb Rissman (Triton)		
Name	Year	School	Finals		
=====					
1	Ryan Baumbach	12	Byron	41-05.25	12.63m
2	Joe Koll	SO	Cotter	41-04.25	12.60m
3	Brooks Zamzow	12	Byron	40-08.75	12.41m
4	Jason Robey	JR	Stewartville	40-07.50	12.38m
5	Sean Adams	JR	Z-M	40-05.75	12.33m
6	Jack Blaisdell	11	Triton	40-04.50	12.30m
7	Tate Yulga	12	Lake City	40-02.75	12.26m
8	Isaac Tapp	SR	Stewartville	39-04.50	12.00m
9	Luke Timmons	SR	Hayfield	38-02.75	11.65m
10	Cullen Prestegard	SR	Bombers	38-02.50	11.64m
11	Spike Henn	SR	Z-M	38-01.75	11.62m
12	Wyatt Kundert	SO	KM KoMets	37-05.25	11.41m
12	Phillip Novak	12	Lake City	37-05.25	11.41m
14	Bryan Anderson	SO	Bombers	37-02.25	11.33m
15	Valeriu Monchamp	12	Lake City	36-03.50	11.06m
16	Matt Kempinger	10	Rochester Lo	35-08.75	10.89m
17	Andrew Sharot	SR	Bombers	35-08.50	10.88m
18	Jason Flemke	SR	PIHS	34-05.50	10.50m
19	Marcell Brown	SO	Cotter	34-04.50	10.47m
20	Ben Farell		PIHS	33-05.75	10.20m
21	Keenan Klotz	JR	Z-M	33-04.50	10.17m
22	Peter Tate	11	Triton	33-03.75	10.15m
23	Ryan Linskey	SR	Hayfield	32-04.25	9.86m
24	Elijah O'Brien	FR	Hayfield	31-10.75	9.72m

Event 33 Girls High Jump

=====					
Meet Record: M 5-06		1991	Martha Harris (Byron)		
Name	Year	School	Finals		
=====					
1	Brooklyn Lewis	FR	KM KoMets	5-02.00	1.57m
2	Paige Tapp	10	Stewartville	5-00.00	1.52m
3	Arianna Lorentz	8	KM KoMets	4-10.00	1.47m
4	Nicolette Lippert	SR	KM KoMets	4-10.00	1.47m

5	Nicole Fokken	9	Pine Island	4-10.00	1.47m
6	Courtney Brendel	SO	Cotter	4-08.00	1.42m
7	Hannah Tapp	10	Stewartville	4-08.00	1.42m
8	Gabs Hale	12	Stewartville	4-06.00	1.37m
9	Taylor Knesel	9	Byron	4-06.00	1.37m
10	Brielle Bierman		La Crescent	4-06.00	1.37m
11	Katherine Hoffman	7	CF	4-04.00	1.32m
12	Allison Mollenhauer		ZM	4-04.00	1.32m
13	Stephanie Bellrichard	9	Byron	4-04.00	1.32m
14	Emma Drackley		ZM	4-02.00	1.27m
14	Grace Rutter	7	CF	4-02.00	1.27m
14	Paige Gernes	SO	Cotter	4-02.00	1.27m
14	Alexis Graves	9	CF	4-02.00	1.27m
18	Samantha Keller	9	Lake City	4-02.00	1.27m
19	Savanna Cordle		Hayfield	4-02.00	1.27m
--	Bailey Cronin	8	Lake City	NH	
--	Olivia Peterson		La Crescent	NH	
--	Liz O'Brien	12	Pine Island	NH	

Event 34 Boys High Jump

Meet Record: M 6-06 2001 Sam Smelter (Stewartville)

Name	Year	School	Finals	
1	Isaac Tapp	SR Stewartville	6-02.00	1.87m
2	Zach Hoppenworth-Pederso	La Crescent	6-00.00	1.82m
3	Greg Gernes	SR Cotter	6-00.00	1.82m
4	Matt Thompson	JR KM KoMets	5-10.00	1.77m
4	Ryan Baumbach	12 Byron	5-10.00	1.77m
6	Will Gisler	SO Stewartville	5-10.00	1.77m
7	Wyatt Kundert	SO KM KoMets	5-06.00	1.67m
8	Andrew Root	10 Byron	5-06.00	1.67m
9	Peter Schwartz	SO KM KoMets	5-06.00	1.67m
10	James Armstead	11 Rochester Lo	5-04.00	1.62m
10	Cullen Prestegard	SR Bombers	5-04.00	1.62m
10	Cal McCormick	La Crescent	5-04.00	1.62m
13	Slava Ivchenkov	SR PIHS	5-04.00	1.62m
13	Marcus Jacobson	12 Lake City	5-04.00	1.62m
15	Matt Alitz	12 Lake City	5-04.00	1.62m
16	Brian Richter	JR Cotter	5-04.00	1.62m
17	Joel Torgeson	JR PIHS	5-04.00	1.62m
18	Nick Bobb	12 Lake City	5-02.00	1.57m
19	Andrew Sharot	SR Bombers	5-02.00	1.57m
20	Jason Flemke	SR PIHS	5-02.00	1.57m
21	Andrew Winkles	10 Rochester Lo	5-00.00	1.52m
22	Cody Baumbach	10 Byron	5-00.00	1.52m
22	Hunter Gross	La Crescent	5-00.00	1.52m
--	Tyler Quam	SO Z-M	NH	
--	Cody Heitman	FR Z-M	NH	
--	Marcell Brown	SO Cotter	NH	
--	Isaac Tschann	SR Z-M	NH	
--	Chad Kruger	FR Hayfield	NH	
--	Matt Kempinger	10 Rochester Lo	NH	
--	Matthew Kramer	9 Triton	NH	

Event 35 Girls Pole Vault

Meet Record: M 11-00 2008 Shannon Stever (La Crescent)

Name	Year	School	Finals	
1	Kristine Novak	10 Lake City	10-06.00	3.20m
2	Alesha McPhail	12 Pine Island	9-06.00	2.89m
3	Katie Scruggs	10 Stewartville	9-00.00	2.74m

4	Nikki Tutewohl	12	Byron	8-06.00	2.59m
5	Maia Determan	8	KM KoMets	8-00.00	2.43m
6	Laura Mesenburg	12	Byron	8-00.00	2.43m
7	Sveta Mason	11	CF	8-00.00	2.43m
8	Lauren Timm	10	Byron	8-00.00	2.43m
9	Amanda Anderson	11	CF	7-06.00	2.28m
10	Megan Lawson	12	Rochester Lo	7-06.00	2.28m
11	Brooke Sexton	8	Triton	7-06.00	2.28m
12	Anna Johnson	11	Lake City	7-06.00	2.28m
13	Kelly Koebele	JR	KM KoMets	7-00.00	2.13m
14	Sierra McNallan	9	Pine Island	7-00.00	2.13m
14	Elise Peterson	SO	KM KoMets	7-00.00	2.13m
14	Melanie Robbins	11	Lake City	7-00.00	2.13m
14	Carissa Pesch		Hayfield	7-00.00	2.13m
14	Lauren Mikel	8	Stewartville	7-00.00	2.13m
19	Makayla Loeschen		Hayfield	7-00.00	2.13m
20	Laura Torgerson	9	Pine Island	6-06.00	1.98m
21	Brooke Swenson		ZM	6-06.00	1.98m
--	Melanie Bussan	10	Stewartville	NH	
--	Kylie Robinson	9	CF	NH	
--	Monica Hendrickson	12	Rochester Lo	NH	
--	Cori Gerzsik		La Crescent	NH	

Event 36 Boys Pole Vault

Meet Record: M 14-00 1994		Jeff Klein (Zumbrota-Mazeppa)		
Name	Year	School	Finals	
1	Stephen O'Brien	SR	KM KoMets	12-06.00 3.81m
2	Brandon Poppe	SR	Bombers	12-00.00 3.65m
3	Ramsey Hovelson	11	Byron	12-00.00 3.65m
4	Robert Mesenburg	10	Byron	12-00.00 3.65m
5	Zach Drees	FR	Stewartville	11-06.00 3.50m
6	Nick VanWatermuelen	SO	Bombers	11-06.00 3.50m
7	Tate Yulga	12	Lake City	11-06.00 3.50m
8	Brad Haze	JR	PIHS	11-00.00 3.35m
9	Joel Venzke	JR	Stewartville	11-00.00 3.35m
10	Chad Swenson	SR	Z-M	10-06.00 3.20m
10	Colton Sande	SO	Bombers	10-06.00 3.20m
10	Brandon Klindworth	SR	Z-M	10-06.00 3.20m
13	Alex Borden		La Crescent	10-00.00 3.04m
13	Phillip Novak	12	Lake City	10-00.00 3.04m
13	Nicholas Sigrist	9	Byron	10-00.00 3.04m
13	Carston Dammann	10	Lake City	10-00.00 3.04m
17	Jack McCormick		La Crescent	9-06.00 2.89m
17	NK Nuygen		Cotter	9-06.00 2.89m
19	Isaiah Rutten Johnson	SO	PIHS	9-00.00 2.74m
19	Joe Sorensen	SR	Z-M	9-00.00 2.74m
19	Tanner Dufault	8	KM KoMets	9-00.00 2.74m
22	Brad Jeanson	JR	PIHS	8-06.00 2.59m
--	Eric Williams	SO	KM KoMets	NH
--	Brian Rivers	SR	Cotter	NH
--	Logan Monahan		Hayfield	NH
--	Joseph Murray	9	Rochester Lo	NH
--	Jordan Treder	10	Rochester Lo	NH

Women - Team Rankings - 18 Events Scored

1) Kasson Mantorville KoMets	167	2) Lake City	133
3) Stewartville	128	4) Byron	114
5) La Crescent	97	6) Pine Island Girls Track	51
7) Cannon Falls	49	8) Rochester Lourdes	46
9) Winona Cotter	45	10) Triton	34

11) Hayfield Vikings	29	12) Zumbrota-Mazeppa	22
13) Kenyon-Wanamingo	3		

Men - Team Rankings - 18 Events Scored

1) Byron	185.50	2) Stewartville	129
3) Winona Cotter	98	4) Cannon Falls Bombers	78
5) Triton	71	6) La Crescent	66
7) Zumbrota-Mazeppa	63	8) Pine Island Boy's Track	58
9) Rochester Lourdes	52	10) Kasson Mantorville KoMets	43.50
11) Hayfield Vikings	32	12) Kenyon-Wanamingo	27
13) Lake City	15		